

Dear Doctor,

I am writing to introduce myself to you after your patient contacted my psychiatry service Neuralia TMS. My name is Dr Shanek Wick, and I am a consultant psychiatrist specialising in Transcranial Magnetic Stimulation (TMS). My primary practice is located at Suite 12, 25 Foss Street, Palmyra. I also offer TMS services through the Pax Centre at 160B Cambridge Street, West Leederville.

More about TMS:

TMS is a highly effective, non-invasive outpatient treatment which has recently been added to the Medicare schedule for treatment-resistant depression. It is also used to treat PTSD, anxiety disorders, OCD, chronic pain and fibromyalgia. TMS uses electromagnetic pulses directed at a precise location in the brain to stimulate neurotransmitter release and neuroplasticity. Treatment sessions lasting 20 minutes are delivered frequently (3-5 times per week for 4-5 weeks) and then may be tapered off. TMS has a sustained effect after treatment has been completed.

TMS is strongly supported by the Royal Australian and New Zealand College of Psychiatry. For depression, TMS has approximately 60% efficacy in patients who have failed multiple anti-depressants (Somani et al, 2019). Of these patients, 71% remain in remission after 1 year. Patients who are not treatment-resistant but are highly sensitive to medication have approximately 80% rate of remission of depression symptoms after TMS. These data are based on numerous meta-analyses of randomised controlled trials comparing TMS to sham treatment.

UpToDate provides a valuable summary of the evidence around TMS for treatment of depression. There is also further information about TMS research on our website: www.neuraliatms.com.au

TMS and Medicare:

TMS has been listed on the MBS from November 1 2021 for treatment resistant depression. Adult patients who have been diagnosed with major depression, unsuccessfully trialled two classes of anti-depressants and have not received TMS previously are eligible for a rebate.

WorkCover and DVA:

TMS is fully covered under DVA White Card if patients are approved for mental healthcare. Patients with worker's compensation claims may be able to have their TMS treatments fully funded. I will write to WorkCover WA explaining the need and cost of TMS treatment for eligible patients to have their funding approved.

Fees:

In order to make TMS as accessible as possible, all my reviews for TMS patients are bulk-billed. (Please note that any non-TMS reviews are privately billed). Patients require an initial once-off mapping session when the exact position and intensity of treatment is determined. They then have approximately 30 treatment sessions. The costs and gap payments for MBS-eligible patients of these sessions are listed below. Patients who have met their Extended Medicare Safety Net threshold will incur an even smaller out-of-pocket cost.

	No. of sessions	Fee per session	Medicare Rebate	Gap Payment	Gap Payment after EMSN met
Mapping Session	1	\$220	\$158.45	\$61.55	\$12.31
Treatment Session	20	\$180	\$136	\$44	\$8.80

Patients who do not meet the Medicare eligibility criteria may still receive treatment but will incur the full cost of mapping and treatment sessions with no Medicare rebate.

Referrals:

If you would like to refer to me, please visit <https://www.neuraliatms.com.au/referrals> and either

1. Download our referral form and send it to us via email: referrals@neuraliatms.com.au, or fax: 6230 2231.
2. Send a standard referral letter via our fax 6230 2231 or **HealthLink** ID: neuralia. Please include the following: indication for TMS, previous antidepressants trialed, history of seizures or alcohol withdrawals, presence of any metal in head or neck.

I currently have a wait time of 2-3 weeks for an initial review.

If you would like any further information about my services, please do not hesitate to contact me directly. My mobile number is 0436 441 994.

Yours sincerely,



Dr. Shanek Wick
MBBS, FRANZCP
Consultant Psychiatrist
Medical Director – Neuralia TMS